

Course Description

SOP2772 | Human Sexuality | 3.00 credits

This course includes works from the Western canon and examines the multifaceted aspects of human sexuality, including biological, theoretical, social, and psychological perspectives, and includes works from the Western canon. Students will explore topics such as sexual anatomy, the sexual response cycle, sex and gender development, sexual attraction and relationships, and reproductive health issues. Through critical analysis of research and case studies, learners will develop a comprehensive understanding of how social and behavioral science concepts apply to human sexuality, preparing them to address related social, political, and economic issues in contemporary society.

Course Competencies

Competency 1: The student will demonstrate an understanding of biological aspects of human sexuality by:

- 1. Identifying the components of male and female sexual anatomy and physiology
- 2. Discussing the role of anatomy and physiology in the sexual response cycle
- 3. Examining conception, pregnancy, and childbirth as they pertain to biological development
- Evaluating techniques of contraception as they pertain to biological functioning and physiological side effects
- 5. Contrasting sexually transmitted infections in terms of Morbidity, mortality, and prognosis for treatment

Competency 2: The student will examine the psycho-social aspects of human sexuality by:

- 1. Defining the way in which gender and gender roles affect sexual expression
- 2. Describing attraction and love and how they impact relationship development
- 3. Assessing the role of communication skills as a vehicle for sexual expression
- 4. Evaluating the development of sexual orientation as it pertains to self-concept and self-expression
- 5. Describing the development of sexuality from childhood through adulthood

Competency 3: The student will explore the cultural aspects of human sexuality by:

- 1. Describing sexuality from a historical perspective
- 2. Examining contemporary attitudes toward sex as influenced by social institutions
- 3. Assessing research techniques that are used in broadening our understanding of sexuality and sexual issues

Competency 4: The student will consider variations in sexuality by:

- 1. Discussing the concept of consciousness and altered states of consciousness when exploring atypical sexual expression
- 2. Defining sexual dysfunction
- 3. Examining the commercialization and exploitation of sex and sexuality
- 4. Describing sexual techniques from the kama sutra in contemporary literature
- 5. Evaluating sexual coercion, including rape, harassment, and sexual abuse

Competency 5: The student will examine historical, theoretical, and contemporary perspectives of human sexuality by:

- 1. Describing changes in folkways and mores regarding sexual expression
- 2. Identifying various theoretical perspectives on the basis of sexual orientation
- 3. Evaluating therapies designed to remediate perceived sexual dysfunction

Learning Outcomes:

- Communicate effectively using listening, speaking, reading, and writing skills
- Solve problems using critical and creative thinking and scientific reasoning
- Describe how natural systems function and recognize the impact of humans on the environment
- Create strategies that can be used to fulfill personal, civic, and social responsibilities